India Himalaya Yoga Getaway 11 Days of Yoga, Walks & Cultural Immersion

Join Iyengar Masters Jacqui & Shimon 24 September – 04 October 2018

Follow in the footsteps of legendary yogis; visit their sacred places and take part in ancient rituals. Discover the potent power of the Indian Himalayas to relax and rejuvenate. Unwind in beautiful boutique resorts nestled amongst rural villages with expansive Himalayan views. Dine on delicious home-cooked cuisine and delve into charming, traditional local culture. Soak in the spiritual ambiance that has drawn yogis from all walks of life for centuries; an exceptional pilgrimage for mind, body and soul.



For further information and Bookings contact: Jacqui or Shimon at Hawthorn/Malvern Yoga Centre (03) 9885 9455 or info@hawthornyoga.com

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11 Days of Yoga, Walks & Cultural Immersion

Inclusive Features:

Iyengar Masters Jacqui & Shimon of Hawthorn/Malvern Yoga Centre will deepen your practise with daily integrated Yoga & Meditation sessions.

India Co-Host: Australian born, Indian resident: Claire is well versed in India's ancient & modern history, fluent in Hindi and passionate about creating meaningful travel experiences in India. Contact claire@grassroutesjourneys.com

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www.grassroutesjourneys.com

Immersive Cultural Activities insight into local culture with village excursions & temple visits. Participation in ancient rituals & walks in the hills.

Boutique Hotels & Resorts: hand selected for authenticity and ambience. We'll stay in 4 distinct and quinessentially unique properties.

Private Transfers and Trains: No journey to India would be complete without a train ride! Once in the hills we utilise private vehicles.

Curated Cuisine: Delicious organic and locally sourced produce throughout.

Price: \$4150 AUD per person (twin share) Single Supplement: \$5250 AUD per person * 10% Discount for Early Bird Bookings *





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